

# For English speakers Easy to understand! How to make Japanese Tea

# How to prepare delicious Genmai cha / Houji cha

(popcorn green tea/roasted green tea)

### **#1\_Preparing hot water**

Boil filtered water to 100 ℃. \*Using soft water is highly recommended

## #2\_Preheat a teapot and teacup

Add boiled water to the teapot to warm for about 10 seconds.

#### #3 Add tea leaves

Amount: 2 Teaspoon full (about 4g/0.14oz) Using a tea spoon, add 2 teaspoon full of tea leaves into a teapot.

## #4\_Add hot water to a teapot

Amount of cooled hot water: About 80 ml (cc) Slowly pour cooled hot water to a teapot.

# #5\_Never steep

Immediately pour to a teacup Extraction time: 5 to 10 seconds

# #6\_Pour into a teacup

Pour the tea into a teacup for service. Pour all even the last drop.

# #7\_Enjoy

http://www.tokyo-matcha-selection.com/